



St. John's Parish
Roman Catholic Church

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PRAYER IS THE MEDICINE FOR THE SOUL

TWENTY-NINTH SUNDAY IN ORDINARY TIME - OCTOBER 19, 2025

The Gospel from today's Liturgy concludes with a troubling question posed by Jesus: "When the Son of Man comes, will he find faith on earth?"; as if to say: "when I come again at the end of time" — but we could also think, even now, at this time of life — "will I find a bit of faith in you, in your world?" This is a serious question. Let us imagine that the Lord came on earth today. Unfortunately, he would see many wars, much poverty and many inequalities, and at the same time, tremendous technical achievements, modern means, and people who are always rushing, who never stop. But would he find someone who dedicates time and affection to him, someone who would put him in first place? Above all, let us ask ourselves, "What would he find in me, if the Lord were to come today, what would he find in me, in my life, in my heart? What priorities would he see in my life?"

We often focus on so many urgent but unnecessary things. We occupy and preoccupy ourselves with so many secondary realities. And perhaps without even realizing it, we neglect what matters most and we allow our love for God to grow cold, to grow cold bit by bit. Today, Jesus offers us the remedy to rekindle a tepid faith. And what is the remedy? Prayer. Prayer is the medicine for faith, it is a tonic for the soul. However, it needs to be constant prayer. If we must undergo a treatment to get better, it is important to follow it well, to take the medicine consistently and regularly in the right way and at the right times. This is necessary in all of life. Let us think of a houseplant: we have to water it consistently every day. We cannot soak it and then leave it without water for weeks! Even more so with prayer. We cannot live only on strong moments of prayer or occasional intense encounters, and then "go into hibernation". Our faith will dry up. We need the daily water of prayer, we need time dedicated to God, so that he can enter into our time, into our lives; consistent moments in which we open our hearts to him so that he can daily pour out on us love, peace, joy, strength, hope, thus nourishing our faith.

This is why Jesus says to his disciples today — to everyone, not only to some! — "that they ought always to pray and not lose heart". Now someone might object: "But how can I do that? I don't live in a convent. I don't have much time to pray!" Perhaps a wise spiritual practice which is a bit forgotten today, and which our elderly, especially the grandmothers, know well, can come to our aid with this real difficulty. These are so-called aspirations. The name is a bit outdated, but the substance is good. What are they? They are very short, easy to memorize prayers that can be repeated often throughout the day, in the course of various activities, to remain "in tune" with the Lord. For example, as soon as we awaken, we can say: "Lord, I thank you and I offer this day to you". This is a short prayer. Then, before an activity, we can repeat, "Come, Holy Spirit". Between one thing and another, we can pray thus, "Jesus, I trust in you. Jesus, I love you". Really short prayers that help us stay in contact with the Lord. How often we send text messages to the people we love! Let us do this with the Lord as well so that our hearts remain connected to him. And let us not forget to read his responses. The Lord always responds. Where do we find them? In the Gospel which should always be kept at hand and should be opened several times every day, to receive a Word of life directed to us.

And let us go back to the advice I have given many times — carry a pocket-size Gospel in your pocket, in your purse. So that when you have a minute, open it and read something, and the Lord will respond.

May the Virgin Mary, faithful listener, teach us the art of praying always, without losing heart.

POPE FRANCIS — October 16, 2022

Octubre es el “Mes del Rosario”

El Papa León XIV nos invita a rezar el Rosario diariamente por la paz en el mundo y ser instrumentos de reconciliación con quienes nos rodean. Los sábados del mes de Octubre se rezará el Rosario en comunidad en nuestra parroquia a las 6:15 p.m.

ENGLISH MASS SCHEDULE

Twenty-ninth Sunday in Ordinary Time

<u>Saturday, October 18</u>	5:00 PM
<u>Sunday, October 19</u> For All Parishioners Living & Deceased	9:00 AM
<u>Tuesday, October 21</u>	11:00 AM
<u>Wednesday, October 22</u> +Marie Pelkey	11:00 AM
<u>Thursday, October 23</u>	11:00 AM
<u>Friday, October 24</u>	11:00 AM

Thirtieth Sunday in Ordinary Time

<u>Saturday, October 25</u>	5:00 PM
<u>Sunday, October 26</u> For All Parishioners Living & Deceased	9:00 AM

MISAS EN ESPAÑOL

XXIX Domingo Ordinario

<u>Sabado 18 de Octubre</u>	7:00 PM
<u>Domingo 19 de Octubre</u> Por la Comunidad Parroquial	11:00 AM & 1:00 PM
<u>Martes 21 de Octubre</u>	12:00 PM
<u>Miercoles 22 de Octubre</u>	12:00 PM
<u>Jueves 23 de Octubre</u>	12:00 PM
<u>Viernes 24 de Octubre</u>	12:00 PM

XXX Domingo Ordinario

<u>Sabado 25 de Octubre</u> +Efrain Figueroa	7:00 PM
<u>Domingo 26 de Octubre</u> Por la Comunidad Parroquial	11:00 AM & 1:00 PM

October is the month dedicated to the Holy Rosary

Pope Leo XIV invites us to pray the Rosary daily for peace in our world and to be faithful instruments of reconciliation in our daily lives.

Jubilee Year Celebration: Join us for our joyful Jubilee celebration on **Sunday, October 26, 2025, at 2:00 p.m. at St. Mary's Church, Kitchener.** Bishop Wayne Lobsinger will preside, making this a truly special occasion. The Jubilee year "Pilgrims of Hope" offers a special grace of the transforming power of God's mercy and forgiveness, and a renewal of our faith and commitment to love God and one another.

When Life Changes - Part One – Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? You are not alone! The Hamilton Diocese offers a six-week grief program for your support. Part one of the program will be offered on Wednesdays from **Nov. 5 to Dec. 10 from 7:00-8:30pm** and will be held at the **Chancery Office**, at 700 King St. West. in Hamilton. Register hamiltondiocese.com under upcoming events for When Life Changes: Grief Relief (Part One) or call 905-528-7988 ext. 2249.

CWL Meeting Reminder: The Catholic Women's League next general meeting will be on **Tuesday October 28th at 7pm in the church hall.** Newcomers are always welcome!